

Welcome to another Liverpool MC event at Aintree. Please read the following notes:

**This is Important! Reading this will take a few minutes, but it is vital for everyone's safety.**

**Any questions please ask us.**

**Please read the [Event Rules & Site Regulations](#) we have sent you.**

**No matter how experienced you are, safety is paramount!**

**Event Rules** Everyone going out on track must sign-on & have a wristband: all drivers, all passengers. Maximum 1 passenger per car at any one time. Ensure passengers keep hands inside the car. Helmets must be fastened & right size & no obvious damage. Your head is your responsibility! Visor or Goggles are compulsory in all open cars. Fasten seat belts as tight as you can Arms & legs must be covered, no bare arms or legs for drivers or passengers The window next to an occupant must be fully up, fully down or no gap bigger than your fist **STRICTLY NO RACING, THIS IS NOT A COMPETITION. TIMING IS NOT ALLOWED** The organisers have public liability cover to protect them, but do not insure you on track.

**Timetable** **7am:** Gates open. **8am:** Wristbands and numbers issued at paddock "office". **8.45am:** Drivers briefing. **9.10** Noise checks start **9.30am:** First cars on track. We'll give the volunteer marshals a 40 mins lunch break, then continue until approx 4.30pm

**Sessions** Sessions are approx 10 minutes each. You can return to the paddock at any time but we can't guarantee to get you back on track while the session is still underway.

**Groups**

1 = novice	– cars 100 to 120 (quick)
2 = intermediate	– cars 200 to 220 (quicker)
3 = experienced	– cars 300 to 320 (quickest)
4 = open wheels etc	– cars 400 to 420

Listen out for the PA calling your group

**Safety** **Overtake only on Left but Not in corners - keep right to let cars pass.**

Use mirrors & give way to a car overtaking, signal it past if you can.

Overtaker: watch out for other drivers actions – have they seen you?

Overtaker must ensure that the manoeuvre is safe – if in doubt hold back, watch for a signal

If there's a car behind you, and it wasn't there a lap or a corner before, it's quicker than you - let it past (no matter how cheap the car looks!). If a car keeps catching you in the corners but you pull away on the straights, consider letting it past. It's not a competition!

Be safe - Marshals will report irresponsible driving

NO BULLYING, NO INTIMIDATION

The penalty is exclusion – there are no second chances with safety

**Incidents** If you hit something, stay in your car. You are safer there until help arrives. The Rescue Unit can get anywhere on the Circuit in less than 90 seconds. If you are OK, give a **thumbs-up** signal to the marshals. If you don't, we'll assume you need medical help.

**Breakdowns** Pull onto the grass on the right (Not too far) use hazards if you've got them Stay in your car – you are safer there. We'll come to you. Give a **thumbs-up** signal to the marshals; otherwise, we'll assume you require medical help.

**Look after your car!**

Check fluid levels after each session. Check the condition of your tyres after each session.

Keep a close check on your brakes, tyres & oil (oil surge could ruin your engine)



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- Weather** If we get heavy rain we may have to stop the session for safety.
- Cameras** No handheld cameras or camera phones. No externally mounted cameras. No Drones
- Flags** **Yellow** = Hazard ahead, slow to 40 mph – no overtaking – look for Safety car & **SC boards**  
**Red** = Session has been suspended, slow to 30mph, prepare to stop, return to paddock.  
Watch for a safety car, don't overtake unless instructed to.  
**Double Red near end of main straight = Stop Here** – If we stop a session and can recover a car quickly, we may hold all cars at the end of Railway Straight if it's early in the session and we think we can resume soon.  
**The Yellow flags & Red flags** will both be supplemented by flashing lights  
**Green flag at start line** = Resume session  
**Black** = Slow down & return to paddock, you might have a Mechanical Problem.  
**Chequer** = End of session, slow down, complete the lap & return to the paddock
- Assembly Area** Is at end of the paddock road. **STOP** & do not go out unless clearly instructed to do so.  
We shall be checking wristbands – don't try to swap them!
- The Circuit** There are Orange cones on turning in points & Yellow markers on clipping points.
- Leaving the Circuit during a session**  
At end of main Straight **INDICATE LEFT** & keep left all way round Club Corner & exit the circuit via link road only. Keep signalling clearly, and don't cut across the corner.
- Wrong group?** We may change your group if you are running at a different pace from those around you.  
If you feel you should change groups let us know, we'll try to move you into another group if there's space, though sessions may be full in the morning.
- Litter** Please use the bins provided. We have to clear up after you. There are no facilities at Aintree for the disposal of oil or other liquids – take it home.  
**Tell Us Immediately** if you see an oil spill. Use the spill kits located next to the fire points
- Refreshments** Food & drink are available in the golf centre all day – but drivers must not drink alcohol.  
If we find out that a driver has consumed alcohol, they will not be allowed to continue.
- No bikes or scooters in the paddock – keep your speed down in the paddock. Pedestrians/children about.

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**First session of the day in each group – Sighting Laps**

For the first lap of each group in the morning, a Safety Car will lead at about 50mph.  
Look where the track goes, take a look at the scenery & see what is solid & where it is  
At Green flag, continue, it's sensible to let faster cars pass. Once they've gone,  
you will have a clear track in front & a big gap behind which is so much easier!

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**You must show your wristband every time you go out.**

Don't try to swap wristbands – if you do, **you will** be excluded  
If you like what we do, Join the Club, it's only £12 & you get discounts on the entry fees for all LMC events.

**2025 events: 3 Test/Track Days at Aintree**  
**2 Sprints at Aintree**  
**2 Speed Hillclimbs at Barbon Manor in Cumbria**



**PLEASE sign on as you book for the event, it save us having to remind you later!**