

Drivers' Briefing - Aintree Track Day

Welcome to another Liverpool MC event at Aintree. Please read the following notes:

This is Important! Reading this will take a few minutes, but it is vital for everyone's safety.

Any questions please ask us.

Please look at the Event Rules & Site Regulations we have sent you.

No matter how experienced you are, safety is paramount!

Covid-19 hasn't gone away so we need your help to make this event Covid-safe.

You might be happy to be close to other people, but some of your fellow participants may not be.

Please respect their wish not to get too close.

Event Rules Everyone going out on track must sign-on & have a wristband: all drivers, all passengers. Maximum 1 passenger per car at any one time. Ensure passengers keep hands inside the car. Helmets must be fastened & right size & no obvious damage. Your head is your responsibility! Visor or Goggles are compulsory in all open cars. Fasten seat belts as tight as you can. Arms & legs must be covered, no bare arms or legs for drivers or passengers. The window next to an occupant must be fully up, fully down or no gap bigger than your fist. **STRICTLY NO RACING, THIS IS NOT A COMPETITION. TIMING IS NOT ALLOWED**. The organisers have public liability cover to protect them, but we do not insure you on track.

Timetable 7am: Gates open. 8am: Wristbands and numbers issued at paddock "office". 8.45am: Drivers briefing. 9.10 Noise checks start 9.30am: First cars on track. We will give the volunteer marshals a 40 mins lunch break, then resume till approx 4.30pm

Sessions Are 10 minutes each. You can return to the paddock at any time but we can't guarantee to get you back on track while the session is still underway.

Groups

1 = novice	– cars 100 to 130 (quick)
2 = intermediate	– cars 200 to 230 (quicker)
3 = experienced	– cars 300 to 330 (quickest)
4 = open wheels etc	– cars 400 to 430

Listen out for the PA calling your group

Safety **Overtake only on Left but Not in corners** - keep right to let cars pass. Use mirrors & give way to a car overtaking, signal him past if you can. Overtaker: watch out for other drivers actions – has he seen you? Overtaker must ensure that the manoeuvre is safe – if in doubt hold back, watch for a signal. If there's a car behind you, and he wasn't there a lap or a corner before, it's quicker than you - let him past (no matter how cheap the car looks!). If someone keeps catching you in the corners but you pull away on the straights, consider letting it past. It's not a competition! Be safe - Marshals will report irresponsible driving. **NO BULLYING, NO INTIMIDATION**. The penalty is exclusion – there are no second chances with safety.

Incidents If you hit something, stay in your car. You are safer there until help arrives. Rescue can get anywhere on the Circuit in less than 90 seconds. If you are OK, give a **thumbs-up** signal to the marshals. If you don't, we'll assume you need medical help.

Breakdowns Pull onto the grass on the right (Not too far) use hazards if you've got them. Stay in your car – you are safer there. We'll come to you. Give a **thumbs-up** signal to the marshals; otherwise, we'll assume you require medical help.



Continued ->

Look after your car!

Check fluid levels after each session. Check the condition of your tyres after each session. Keep a close check on your brakes, tyres & oil (oil surge could ruin your engine)

Weather

If we get heavy rain we may have to stop the session for safety.

Cameras

No handheld cameras or camera phones. No externally mounted cameras. No Drones

Flags

Yellow – Hazard ahead, slow to 30 mph – no overtaking – look for Safety car / **SC boards**

Red – Session has been stopped, slow to 30, prepare to stop, return to paddock. Watch for a safety car, don't overtake unless instructed to.

Double Red near end of a lap = Stop Now – If we stop a session and can recover a car quickly, we may hold all cars at the end of Railway Straight if it's early in the session and we think we can resume soon.

The Yellow flags & Red flags will both be supplemented by flashing lights

Green flag at start line - Resume session

Black - Slow down & return to paddock you may have a Mechanical Problem.

Chequer - End of session, slow down, complete the lap & return to the paddock

Assembly

Is at end of the paddock road. **STOP** & do not go out unless clearly instructed to do so. We shall be checking wristbands – don't try to swap them!

The Circuit

There are Orange cones on turning in points & Yellow markers on clipping points.

Instructors

Highly experienced ARDS instructors Malcolm Barfoot & Andrew Whitehouse will be in assembly area. Book them in advance – It's FREE & you will learn something

Leaving the Circuit during a session

At end of main Straight SIGNAL LEFT & keep left all way round Club Corner & exit the circuit via link road only. Keep signalling clearly, and don't cut across the corner.

Wrong group?

We may change your group if you are running at a different pace from those around you. If you feel you should change groups let us know, we'll try to fit you into another group if we can, though most sessions will be full in the morning.

Litter

Please use the bins provided. We have to clear up after you. There are no facilities at Aintree for the disposal of oil or other liquids – take it home.

TELL US IMMEDIATELY if you see an oil spill. Use the spill kits located next to the fire points

Refreshments

Food & drink are available in the golf centre all day – but drivers must not drink alcohol.

If we find out that a driver has consumed alcohol, he/she will not be allowed to continue.

No bikes or scooters in the paddock – keep your speed down in the paddock. Pedestrians/children about

First session of the day in each group – Sighting Laps

For the first lap of each group in the morning, a Safety Car will lead at about 50mph. Look where the track goes, take a look at the scenery & see what is solid & where it is. At Green flag, continue, it's sensible to let faster cars pass. Once they've gone, you will have a clear track in front & a big gap behind which is so much easier!

You must show your wristband every time you go out.

Don't try to swap wristbands – if you do, you **will** be excluded

If you like what we do, Join the Club, it's only £12 & you get discounts on all LMC event entry fees

