

## Drivers' Briefing Notes - Track Day

Welcome to another Liverpool MC event at Aintree

Some Covid-19 rules are still in place as demanded by the venue owners.

You must maintain 2m distancing at all times outside and wear face coverings when indoors.

**This is Important ! Reading this will take a few minutes, but it is vital for everyone's safety.**

**Any questions please ask us.**

**Please look at the Event Rules & Site Regulations we have sent you.**

**No matter how experienced you are, safety is paramount!**

### Rules

Everyone going out must sign-on & have a wristband: all drivers/passengers.

Max 1 passenger per car at any one time

Helmets must be fastened & right size & no obvious damage. It's your responsibility!

If 2 people in car, full face helmet or face covering must be worn by both occupants

Visor or Goggles compulsory in all open cars. Fasten seat belts as tight as you can

Arms/legs must be covered, no bare arms or legs, drivers or passengers

Keep passengers hands inside car

Windows next to occupants must be fully up, fully down or no gap bigger than your fist

STRICTLY NO RACING, THIS IS NOT A COMPETITION. TIMING IS NOT ALLOWED

Organisers have public liability cover to protect them, but we do not insure you on track.

### Sessions

10 minutes each. You can return mid-session if you wish but there may be a delay getting you back on track while the session is still underway.

### Groups

A = novice

B = intermediate

C = experienced

D = open wheels/Lotus 7 derived etc

Listen for the PA calling your session

### Safety

**Overtake only on Left** but **Not in corners** - keep right to let cars pass

Use mirrors & give way to car overtaking, if you can, signal him past

Overtaker watch out for other drivers actions – has he seen you?

Overtaker must ensure that the manoeuvre is safe – if in doubt hold back, watch for his signal

If there's a car behind you, and he wasn't there a lap or a corner before, he's faster than you -

let him past (no matter how cheap the car looks!). If someone keeps catching you in the corners but you pull away on the straights, consider letting him past. Its not competition!

Be safe - Marshals will report irresponsible driving

NO BULLYING, NO INTIMIDATION

Penalty is exclusion – there are no second chances with safety

### Incidents.

If you hit something, stay in your car. You are safer there until help arrives. Rescue can get anywhere on the Circuit in less than 90 seconds. If you are OK, give a **thumbs up** signal to the marshals, if you don't we'll assume you need medical help.

### Breakdowns

Pull onto grass on right (Not too far) use hazards if you've got them

Stay in your car – you are safer there. We'll come to you.

Give a **thumbs up** signal to the marshals, otherwise we'll think you require medical help.

Keep a close check on brakes & tyres, & oil (oil surge)

**Look after your car!** Check fluid levels after each session. Watch condition of tyres

**Weather** if we get heavy rain we may have to stop the session for safety.

**Cameras** No hand held cameras or camera phones. No externally mounted cameras. No Drones

**Flags**  
**Yellow** – Hazard ahead, slow to 30 mph – no overtaking – look for Safety car / **SC boards**  
**Red** – Session has been stopped, slow to 30, prepare to stop, return to paddock. Watch for safety car, don't overtake unless instructed to. We may stop you on Starting Grid if it's early in the session and we think we can resume soon  
**Both Yellow & Red** flags will be supplemented by flashing lights  
**Green at start** - Resume session  
**Black** - Slow down & return to paddock you may have Mechanical a problem.  
**Chequer** - End of session, slow down complete the lap & return to paddock

**Assembly** End of paddock road. STOP & do not go out unless clearly instructed to do so. We shall be checking wristbands – don't try to swap them!

**The Circuit** Orange cones on turning in points & yellow on clipping points.  
ARDS instructors available – Malcolm Barfoot & Andrew Whitehouse will be at assembly in Black Mercedes. Book in advance – It's FREE & you will learn something

**Leaving the Circuit during a session**

At end of Straight SIGNAL LEFT & keep left all way round Club Corner & exit via link road only. Keep signalling clearly.

**Wrong group?** We may change your group if you are running at a different pace.  
If you feel you should change groups, let us know, we'll try to fit you into another group if we can, though all sessions will be full in the morning.

**Litter** Please use the bins provided. We have to clear up after you. No liquids. No oil disposal facilities – take it home. Oil Spills, TELL US IMMEDIATELY!!

**Catering** In golf centre all day – but no alcohol drivers. If we find out that a driver has consumed alcohol, the driver will not be allowed to continue.

No paddock bikes/scooters – keep speed down in paddock. Pedestrians about

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**Timetable**

First cars on track from around 9.15am

For the first lap of each groups this morning, Safety Car will lead at about 50mph. Look where the track goes, take a look at the scenery & see what is solid & where it is. Get used to where track goes. At Green flag continue, it's sensible to let faster cars pass. Once they've gone, you will have a clear track in front & a big gap behind which is much easier!

Listen out for pa announcements calling your group. Don't miss your group!

We will run till around 1pm, break for about 40 mins then run till approx. 4.30pm

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**You must show your wristband every time you go out.**

Don't try to swap armbands – if you do, you **will** be excluded

If you like what we do, Join the Club. It's only £10 & you get discounts on entry fees

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